

# **XC Clinic with Kelly Turner at Keysoe Equestrian**

## **Train For Success or Just To Progress**

Kelly Turner BHSAI/ UKCC Level 2 Coach also competes herself In British Eventing, British Showjumping and British Dressage.

Kelly will provide you with a unique friendly professional service. Kelly has the ability to find the key to getting the most out of both horse and rider whether a first time competitor or one wishing to fine tune their performance in order to gain better results. Kelly believes every person and every horse are individual so training is tailored to suit your own individual requirements. As a qualified Personal Trainer, Kelly within her lessons uses core aspects of fitness to develop and to help improve balance, posture and core strength.

These clinics are aimed at all abilities using the portable xc fences on our all weather surface with access to the splash area including bank and ditches.

Groups will be put together based on horse/rider ability and experience so you gain the most out of your session.

The groups will be 70-80cm, 80-90cm, 90-1m and 100+

### **Price**

1hr Group 4 - £40

### **How To Book**

Contact : Kelly Turner BHSAI/ UKCC Level 2

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